



MAJOR SPONSOR

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SUPERMARKETS INC.

MINOR SPONSORS

Mark A. Stefanelli Architect 63 Ridge Rd • Patrick A. Marchetta Architect/Planner 63 Ridge Rd • LiveWebStudios.com - Jon Wolf • Guzzo + Guzzo Architects 608 Ridge Rd • Perkins Restaurant & Bakery 403 Valley Brook Ave • Lyndhurst Pastry Shop, Inc. 256 Ridge Rd • Mazur's Bakery 323 Ridge Rd • Bob's Bagels 100 Ridge Road • Optimum Orthopedics 70 Ridge Road • Wee Willie's Sports Bar & Grill 37 Ridge Rd • Turano's Pizza, Pasta, Grill 609 Stuyvesant Ave • Spencer Savings Bank 230 Ridge Rd • Colonial Diner 27 Orient Way • Gelone Ristorante Italiano 650 Ridge Rd • Mail Direct Office Solutions 515 Valley Brook Ave • Michael's Salumeria 536 Valley Brook Ave • Kings Court 595 Riverside Drive • Bergen County Community College 1280 Wall Street West • K&K Trophy Mart 288 Stuyvesant Ave. • All Guard Fence Inc. 547 Gutheil Place • Haley Chiropractic 528 Valley Brook Avenue • Clifton Savings Bank 401 Valley Brook Ave. • Vincent Manno Professional Land Surveying and Land Planner 543 Post Ave • Frank's Truck Center 325 Orient Way • Villa Italia Pizzeria and Ristorante 501 Stuyvesant Ave. • Stellato Funeral Homes Inc. 425 Ridge Road • Bogle Agency Insurance 200 Stuyvesant Ave. • Liquid Spa & Fitness 205 Chubb Ave. • Richard J. DiLascio, Esq., LL.M. 30 Park Ave, suite 101 • Lyndhurst Florist 319 Ridge Road • Neglia Engineering Associates 34 Park Ave • Movement Journeys 289 Stuyvesant Ave. • Napco 100 Wall Street West • Century 21 Semiao Associates 761 Ridge Road • Thistle Restaurant 442 Valley Brook Ave. • Tero's Restaurant & Bar 222-224 Ridge Road • Porky's 746 Riverside Ave. • Meadowlands Runners Club 289 Stuyvesant Ave. • Mystical World 648 Ridge Road • Chris's Pizzeria 404 Valley Brook Ave. • Chocolate Fantasia 137 Ridge Road • John Sopia Jewelers 143 Ridge Road • Abbott Insurance Agency 705 Ridge Road

RACE INFORMATION

REGISTRATION: Registration on race day and pickup of number and T-shirt for pre-registrants is from 7:30am to 9:00am.

COMPUTER SCORING, REGISTRATION AND RACE TIMING: CompuScore Computer Services (908) 665-8038

RACE TIMING: CompuScore Computer Services (All 5k runners will get their official time in the mail.)

RACE DIRECTOR: David Siconolfi

COURSE AND EVENT DESCRIPTION

This 5k Race is sanctioned and certified by USATF NJ as a 500 point tGrand Prix event.

Pick up your number and T-shirt at the Registration tent located on Delafield Avenue

Parking is available along Court Avenue and in the Commuter Parking Lot at the Shop-Rite Mall on New York Avenue.

ENTRY FEES

REGISTRATION FEES:
Received prior to race
\$18.00 for USATF Members
\$22.00 for Non- Members
Day of Race 6/2/12
\$20.00 for USATF Members
\$25.00 for Anyone

FOR MORE INFORMATION

For more information about registration or the Lyndhurst Merchant's Committee, contact Pat Marchetta or Mark Stefanelli at (201) 935-4455 or go to www.LyndhurstMerchants.com

PROCEEDS

Proceeds of the race will be donated to the Lyndhurst Merchants Committee for future events.

AWARDS AND PRIZES

Championship awards to the top three male and female finishers as follows:
\$150.00 each for:
First place male and female
\$100.00 each for:
Second place male and female
\$50.00 each for:
Third place male and female

Medals to the *First, Second, and Third* place male and female finishers in the following age categories: 14 and under, 15 to 19, 20 to 29, 30 to 39, 40 to 49, 50 to 59, 60 to 69, 70 and over.



LYNDHURST
MERCHANT ASSOCIATION
5K RUN 2012
SATURDAY JUNE 2, 2012 - 9AM
WWW.LYNDHURSTMERCHANTS.COM

ENTRY FORM

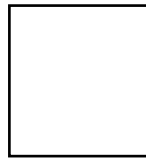
REGISTRATION SHALL BE PAID AS DESCRIBED ABOVE UNDER "ENTRY FEES"

You can register to walk - even if you don't run at all. You'll get a shirt and a chance to win a host of prizes to be given out to registrants after the race.

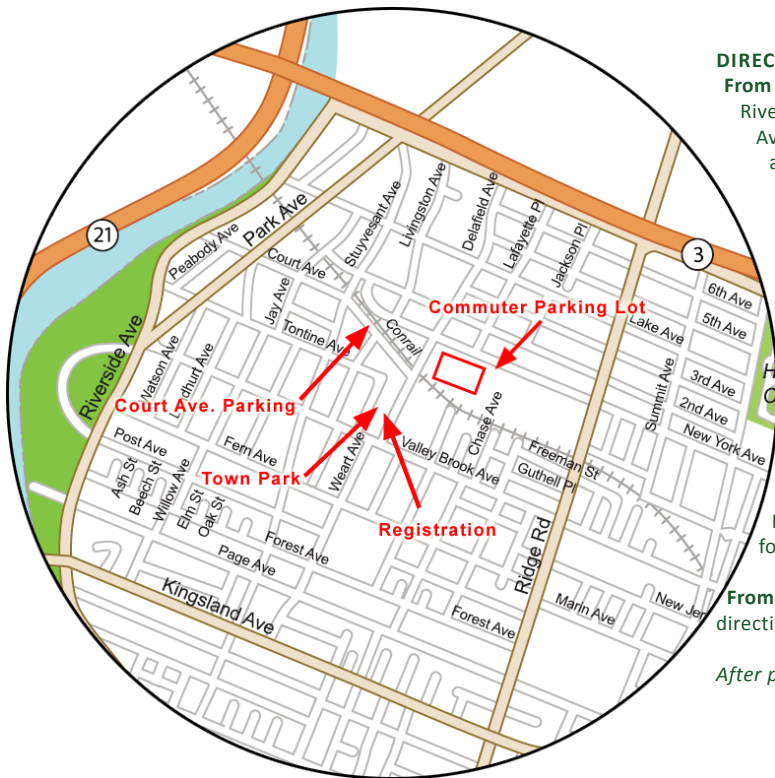
Make checks payable to:
Lyndhurst Merchants
63 Ridge Road
Lyndhurst, NJ 07071

Please Print Last Name First Name
Address
City State Zip Phone (day) (evening)
How did you hear about the race?
 male female
Shirt Size (circle one) M L XL
Age (on day of race) Birth Date Signature (if under 18, guardian must sign) Date
USATF-NJ Membership Number

Lyndhurst Merchants
63 Ridge Road
Lyndhurst, NJ 07071



LYNDHURST
MERCHANT ASSOCIATION
5K RUN 2012
SATURDAY JUNE 2, 2012 - 9AM
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DIRECTIONS

From the West: Take Route 80 East to Route 46 East to Route 3 East. Take Park Ave/ Riverside Ave exit., immediately as you exit Route 3 East, turn left onto Rutherford Ave., turn Right between Chase Bank and gas station onto Stuyvesant Ave., go approximately 1/2 mile and turn left onto Second Ave., go to second intersection and turn right onto Delafield Ave., proceed one block and turn left onto New York Ave. and park in Commuter Parking Lot at Shop-Rite Mall, or, proceed one block under railroad trestle and turn right and park along curb on Court Avenue.

From the East: Take Route 3 West past Giant's Stadium to Route 17 south, follow Route 17 South over Route 3, uphill through three traffic lights, proceed straight after third traffic light and proceed down hill and turn left onto Delafield Ave., proceed six blocks to New York Ave., follow West Directions above.

From the North: Take route 17 South and follow East directions above.

From the NJ Turnpike: Take NJ Turnpike North or South to Route 3 West and follow East directions above.

From the Garden State Parkway North or South: Take to Route 3 East and follow West directions above.

After parking your vehicle, proceed to Registration Tent located on Delafield Avenue

LYNDHURST MERCHANTS - 5K RUN



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